



Clockwise from top: making friends in Bagan; fisherman on Inle Lake; Shwedagon Pagoda; temple incense.



Discover Myanmar

Lake Culture, Political Yangon, Medicine Men

Historic Happenings: Visit some of Yangon's most socially significant sites and learn about the still-evolving political landscape. Visit the tombs of history makers U Thant, third Secretary General of the United Nations, and Burmese independence leader General Aung Sun; take in the huge memorabilia collection at Aung Sun Old House (the House of Memories restaurant, sited within, provides for a fine lunch break). At Yangon University, see where the violent student and monk protests rocked the nation in 2012, and stop by democracy leader Aung Sun Su Kyi's house.

Floating Gardens, Ancient Pagodas, and a Vintage Bus: Discover

three distinctive Myanmar destinations on a leisurely six-day tour. In Yangon, visit such revered sites as the 2,500-year-old Shwedagon Pagoda, and taste ordinary Burmese life in a traditional teashop. (You can even explore the city via a one-of-a-kind, restored 1945 Chevrolet bus.) In spiritual Bagan, you'll be blessed by a monk, tour by horse-cart and cruise the lush Irrawaddy River. At gorgeous highland Inle Lake, meet Intha villagers to discover their floating gardens and unique one-legged rowing style.

Herbal Cures: In Yangon, learn about Myanmar's ancient practices of traditional medicine. Visit the market on Kon Zay Dan Street to see the dried herbs and plants integral to the practices. Talk shop with a traditional healer renowned for his use of gold ash, or with an herbalist who treats ailments via a combination of several traditional remedies.



